

Genesis 5:21-24; Hebrews 11:5-7; Patriarchs and Prophets, pp. 84-89

o you have a best friend? How much time do you spend together? How often do you visit one another's homes? Our story today is about a man who was one of God's best friends.

noch was Adam and Eve's great-greatgreat-great-grandson. Like many grandsons he loved to listen to the stories about his family. Adam and Eve told him about the beautiful garden they had lived in. They told him how they had sinned. They told him about God's wonderful plan. Enoch listened carefully when they told him that Jesus would die for their sins. He learned to love Jesus die for our sins. He thought more and more about God every day. He spent a lot of time talking with God in prayer. And he often slipped away to be alone with God.

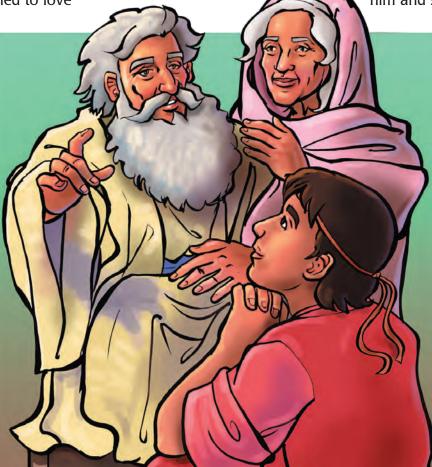
God told Enoch about the Flood that was coming. He told him about Jesus' birth, life, and death on the cross. They talked about Jesus' resurrection, His second coming, and everything that would happen in between.

Enoch spent time with people too. Good people liked him. But bad people didn't because he told them not to sin.

Some people listened to him and stopped sinning.

their sins. He God because of what they told him. When Enoch was 65 years old,

65 years old, his first son was born. He named his son Methuselah. When Enoch became a father. he learned to love God even more. He understood how hard it must have been for God to even think about letting



But others didn't care and sinned even more. Even though Enoch traveled and preached, he constantly talked to God and worshiped Him. The more time he spent with God. the more he became like God. His face was full of joy. God let

God let Enoch see The Message We become friends with God when we spend time with Him every day.

heaven, and Enoch really wanted to live there. Finally, one day God just took Enoch with Him to heaven.

Some people saw him go to be with Godgood people and bad people. They looked for him later, but they couldn't find him. They searched everywhere they knew Enoch usually went. But he was in none of those places. He wasn't coming back to live on earth.

People missed Enoch after he was gone. When they finally figured out that he was with God, their faith was strengthened. Good people knew two things: one, that they, too, could worship God in a wicked world. And, two,

Memory Verse

"Enoch walked with God; then he was no more, because God took him away" (Genesis 5:24, NIV).

(Genesis 5:24, NIV).

people who worshiped and obeyed God would go to heaven. The bad people knew a couple things too: one, that they should obey God and worship Him. And, two, that unless they changed, sadness and death would be waiting for them at the end of their lives.

Which group would you like to belong to?



PRAY Take a prayer walk with your family. Pray for the people you meet and who live in the houses you pass. When you go home, read your lesson together.

Everyone who knew Enoch. both good and bad people, knew that he was an especially good person.

0) Trace around each family member's feet. Cut out the footprints and mount them on a large piece of paper. Write at the top "Walking With God." Ask each person to sign their footprint as a sign of their commitment to walk with God. Then pray together and ask God to help each one keep that commitment.



 \mathbf{READ} Read 2 Kings 2:11 for family worship. Who else went to heaven to live with God?

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 $\overset{\textbf{0}}{=}$ Fold a sheet of paper in four equal parts. Open it up and draw or paste pictures of someone you want to pray for.

 $\overset{\textbf{0}}{\overset{}}$ Make a calendar with squares big enough to write in. Print "Prayer and Bible Study" in each square. Put a check by each day you do both.

> S H A B E During family worship, find out who is the oldest living person in your family. Read Genesis 5:23. How old was Enoch when he went to heaven? How much older was he than the oldest person in your family?

ES

READ In Hebrews 11 Enoch is called a hero of faith. Read the chapter together. Who else is named there? What do you discover about them?

Pray that you and your family will have great faith as Enoch did.

READ For family worship read and discuss Genesis 5:21-24.

NDAY

 $\mathbf{D}\mathbf{O}$ Count the shoes in your home. How many types of shoes are there? What kind of shoes do you think Enoch wore?

DRAW Draw and cut out a shoe shape and write your memory verse on it. Cut it up to make a puzzle. Put the puzzle together every day until you can say the verse without help.

by Pray that God will lead you to someone you can tell about Him.

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 $\mathbf{D}_{\mathbf{O}}$ During family worship, remind everyone that Enoch was Adam and Eve's great-great-great-great-grandson. Ask if anyone knows when your great-great-great-greatgrandparents lived or who they were.

S D A

A.S Ask your family to help you read Genesis 5:1-24. Make a list of each person from Adam to Enoch and tell how long they lived. How long do people live today?

Enoch prayed for the families of the people on your list. Read Luke 6:27, 28 to find out who we should pray for.

Sing "Whisper a Prayer" (Sing for Joy, No. 96). Then pray for the people on your prayer list.

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• Try this for family worship. Say: One way to know God is to study the Bible. One way to study is to say these sentences after reading a Bible passage:

- 1. In this Bible passage I learned . . .
- 2. In this Bible passage God is saying to me . . .
- 3. After reading this Bible passage, I want God to help me ...

Now read the story of Enoch again and then complete the sentences.

PRAY Pray that God will give you understanding as you read His Word.

FRIDAY

READ Read Psalm 139 for family worship. Ask each person to tell about a time they felt that God was with them in a special way.

(*Sing for Joy*, No. 111).

PRAY Thank God for the Bible, His Word. Ask Him to be with you in a special way as you learn more about Him throughout the Sabbath.





Directions: To find out how often Enoch spent time with God, note how other letters are arranged around the circled letter. Match the direction of the arrows from the **R** to find the correct letters.

