

No! No! No!

Matthew 4:1-11; *The Desire of Ages*, pp. 114-131

Have you ever been tempted to do something that Mom or Dad have told you not to do? To do something you know is wrong? Satan tempted Jesus, but Jesus said "No." How was He able to be so strong?

Jesus had just been baptized by John. He needed to be alone. He wanted to pray and think about what He was to do on earth. So He went into the desert. For 40 days He did not eat. He prayed all day, every day. When it was time for Jesus to leave, Satan suddenly appeared. This was not unusual. Satan had been bothering Jesus since He was a baby. He was probably present at Jesus' baptism.

Satan knew Jesus was hungry and weak. So he said to Jesus, "If You are really God's Son, turn some of these rocks into bread." Satan knew Jesus was God's Son. He also knew that Jesus would never do miracles to help Himself. He would only help others.

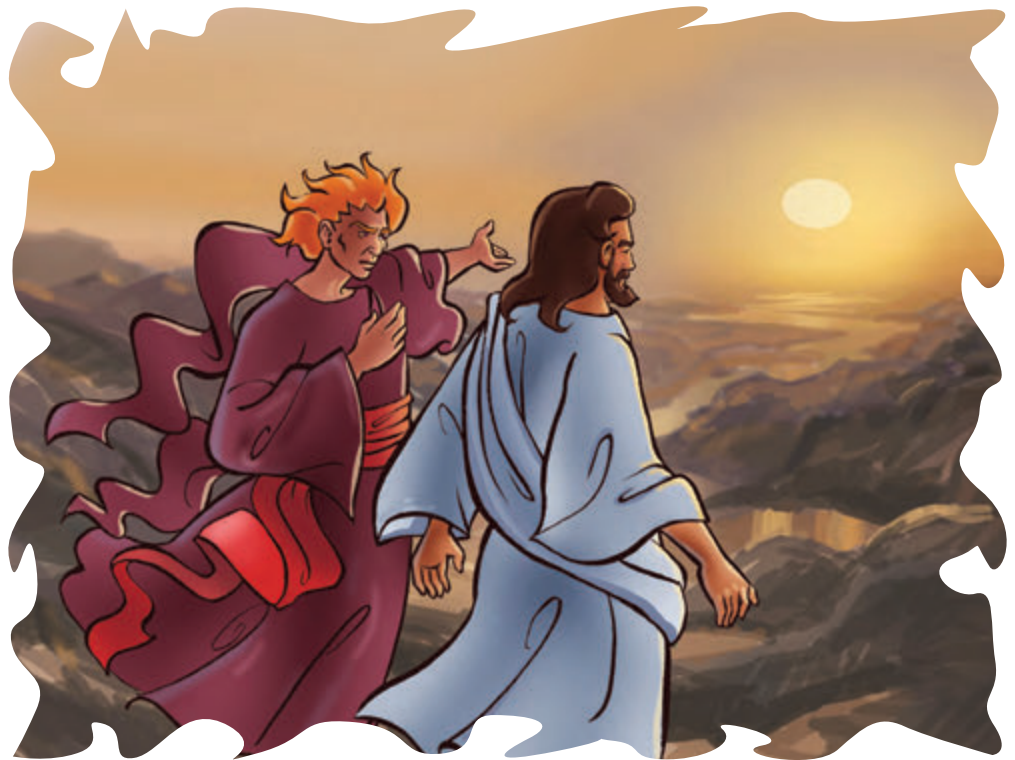
Jesus had learned the Scriptures from His mother and at the synagogue His family attended. When Satan said, "Turn some rocks into bread," Jesus thought about the things He had learned.

"People don't live just by eating," He replied,

"but by the words that come from God." Jesus let Satan know that He would depend on God for His food.

Then Satan led Jesus to the temple in Jerusalem. Satan took Jesus to one of the highest places on the temple. It was probably the place where the priests stood to blow the horn to call the people to worship.

"If You are God's Son," sneered Satan, "jump off. The Scriptures say, 'Your Father will send angels to rescue you. They'll catch you and



keep you from crashing onto the rocks.' " That was true. God had promised that angels would keep His people from crashing onto the rocks. But Jesus knew He couldn't use His powers to save Himself. He also knew He wouldn't jump.

The Message

When I have God's Word in my heart, I can say no to Satan.

"The Scriptures also say, 'Do not challenge the Lord,'" Jesus replied.

Satan tried one more thing. He took Jesus to a high mountain. There he showed Jesus all the kingdoms of the world. "Bow down and worship me," he demanded, "and all this can be Yours." Satan was lying. He couldn't promise the world to Jesus. It didn't belong to him! The world and everything in it belongs to God. Satan knew if Jesus bowed down to him, He could not save the



world. Everyone would be lost forever.

"Get away from Me, Satan!" Jesus commanded. "The Scriptures say, 'You must only worship and serve God.'"

Satan left Jesus then. He knew Jesus would never worship anyone but His Father.

After Satan left, angels came to be with Jesus. They comforted Him. And they gave Him food and water.

How did Jesus resist Satan's temptations? He read the Scriptures and thought about them. He went to the synagogue every week. He participated in worship services. And He prayed. You can read one of His prayers in John 17. Worshiping God gave Him strength. It can do the same for you.

Memory Verse

"I have hidden your word in my heart that I might not sin against you"

(Psalm 119:11, NIV).

S A B B A T H

DO Jesus spent 40 days in the wilderness. If possible, go for a walk with your family and compare what you see with what it would be like in a wilderness. Collect some rocks and show them as you read your lesson together.

DO Count 40 days on the calendar. How many weeks was Jesus in the wilderness?

PRAY Thank Jesus for resisting Satan's temptations.

S U N D A Y

READ Read or say the memory verse. Draw an open Bible. Write the words of the memory verse across the pages.

DO Cut up your picture to make a puzzle. Ask your family to put the puzzle together during worship. Continue with the puzzle until they can say the verse.

PRAY Ask God to help you say no to Satan's temptations.

T U E S D A Y

READ Read Matthew 4:5-7 for family worship today. Where was Jesus' second temptation? Find Jerusalem on a Bible map.

DO Use old magazines and newspapers to make a collage of tall buildings and food. In the middle write **NO** in big letters to remind you that Jesus resisted temptation.

DO What is the highest building in your town? Visit a high place where you can look down to see your town.

PRAY Thank Jesus for Bible promises.

M O N D A Y

READ During family worship read Matthew 4:1-3. Where did Jesus go? Why?

DO Look on a map and find the desert nearest your home. Jesus probably was in the desert near Mount Nebo. Look for Mount Nebo on a Bible map.

DO If possible, help make some bread. As you smell the bread baking, think what it is like to be really hungry. Pray for those who do not have enough to eat. How can you help them?

W E D N E S D A Y

READ During family worship read and discuss Ephesians 6:10-17.

DO Using things around the house, try to make a set of armor. Show your armor at family worship and talk about what each piece means.

PRAY Pray that all your family will put on God's special armor.

Only angels and God saw Jesus' temptation. Jesus must have told the disciples who wrote it down.



THURSDAY

DO Ask your family: Which text holds the solution for each of the following problems? See Ephesians 6:1; Exodus 20:15; Ephesians 4:32.

1. John is tempted to be mean to his little brother.
2. Sheila would rather play than help her Mom.
3. George is tempted to steal a toy in the store.

READ During family worship read Matthew 4:8-10. Satan tempted Jesus by showing Him the world. What is the most important thing in your life?

PRAY Ask Jesus to help you put Him before everything else.

FRIDAY

READ Divide your family into two groups and read Matthew 4:1-11 responsively. Think of similar temptations you face. What scripture can you use to resist?

DO Say your memory verse together.

SING Sing a song of praise. Then thank God for His Word that helps you resist Satan's temptations.

No! No!
No!

PUZZLE

Directions: Circle the correct word in each pair to explain why Jesus turned down Satan's three offers.

