

# Swim, Climb, and Fly!

Revelation 22:1-5, 12-14; *The Great Controversy*, pp. 675-678, *Early Writings*, pp. 13-20

**W**hen you have been outside on a hot day, a big cool glass of water tastes wonderful. Now read about a river whose clear water gives life to all who drink it.

**R**emember Adam and the great family reunion in heaven? Jesus gave Adam a piece of fruit from the Tree of Life. That was just one of 12 different kinds that grow on the tree. Unlike trees on earth, the Tree of Life gives a different fruit every month. The leaves are useful too. The Bible says the leaves help heal all of us who have joined Jesus in heaven.

This wonderful tree grows on each side of the River of Life. The River of Life runs down the middle of a golden street. The river water is as clear as crystal. We can see all the way to the bottom. It flows from the throne of God. We can eat fruit from the Tree of Life and drink water from the River of Life forever. The river will never dry up. The tree will never die.

God and Jesus sit on their thrones in heaven. We can talk to them face to face. We can visit them at any time because

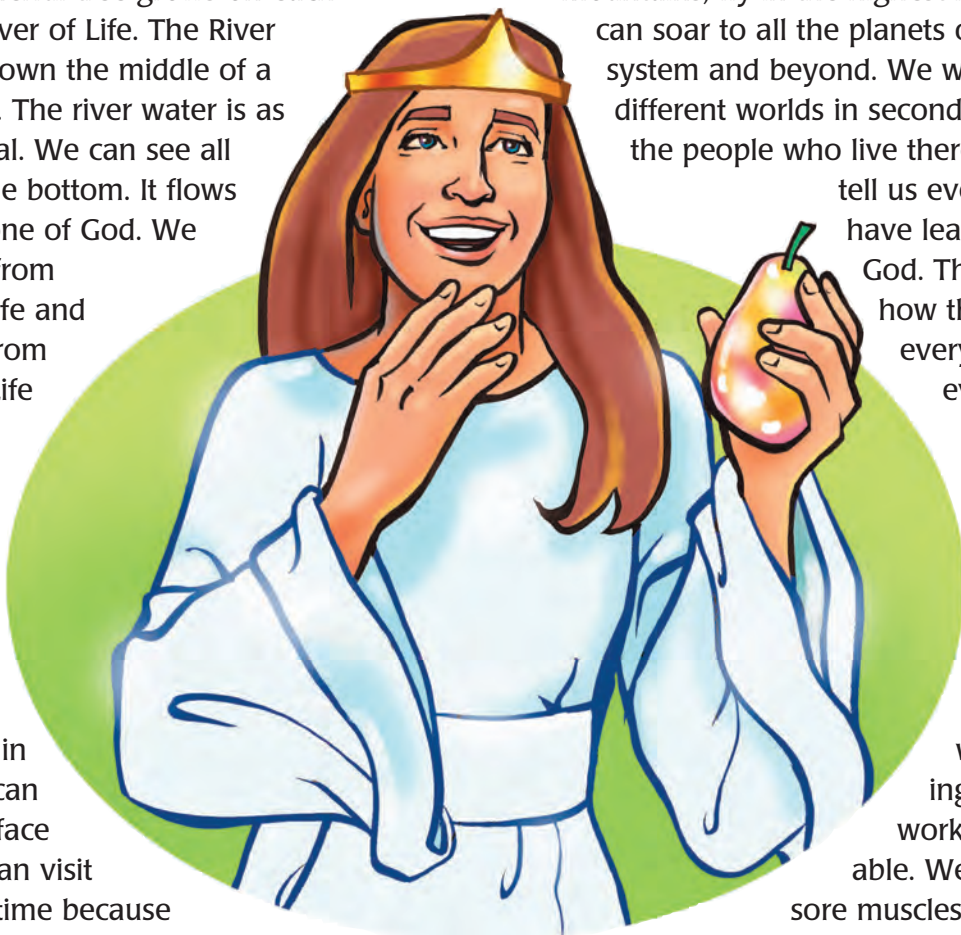
there is no night. No night means there is no darkness. The light from God's face makes everything bright. We won't need lamps or candles or even the sun! And we will never get tired. We won't have to take naps or even go to bed! Every minute in heaven is like morning.

We will spend some of our time learning new things. But not in the same way as on earth. Our brains will be perfect so we can understand and remember well. Jesus will teach us new things.

We will do everything we ever wanted to—swim in the deepest water, climb the highest mountains, fly in the highest heavens. We can soar to all the planets of the solar system and beyond. We will fly to different worlds in seconds and talk to the people who live there. They will

tell us everything they have learned about God. They will tell us how they watched everyone and everything that happened on earth from the beginning of our creation.

When we aren't traveling, we will be working. But our work will be enjoyable. We won't get sore muscles. We won't



## The Message

God has prepared wonderful things for us to enjoy throughout eternity.

## Memory Verse

“The angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb”

(Revelation 22:1, NIV).

sweat. We won't pierce ourselves with splinters or hit our fingers with hammers.

We will enjoy rose bushes without thorns. We will walk through deserts that bloom with beautiful flowers and flow with sparkling streams. We will run through forests without dangerous creatures. Flowers will never die. Leaves will never fall off trees.

In heaven, no one will be sad. No one will be sick. No one cries.

No one dies. We will never

have to be separated

from our best friends

or our favorite cousins.

Every day will

be like a family

reunion or the

first day of

school after

vacation. And

best of all,

Jesus will

be with us

every second.

We can ask

Him all the

questions we

ever wanted

to. We have all

the time in the

world to learn more

about His love for us.

And we will have all the

time in the world to praise

Him. To tell Him how much we

love Him. Wouldn't you like that?



## S A B B A T H

**DO** If possible, go for a walk with your family by a river and discover how many kinds of trees you can see. See how many different fruits you can name. Find a quiet place and read your lesson together.

**DO** Cut out 26 leaves. Write one word of the memory verse on each leaf. Mix them up. Then see if you can put them in the right order.

**PRAY** Say a prayer of thanks for the trees you see today.

## M O N D A Y

**READ** With your family read and discuss Revelation 22:1, 2. Draw a picture of three things the angel showed John. Ask your family about the water of life.

**THINK** What happens if we do not drink water? Find out how long a person can live without water.

**DO** List all the ways you use water in your home. Thank God for clear, clean water.

## W E D N E S D A Y

**THINK** How many Bible stories about trees can you think of? Make a list.

**DO** In a small pot, plant a fruit seed or a seed you find from another tree. Water it faithfully and see how long it takes to grow.

**READ** With your family read and discuss Matthew 7:15-20. How are you like a tree?

**PRAY** Pray that God will help you do only right things so you are like a tree with good fruit.

## S U N D A Y

**DO** For worship today find ten things you will not need in heaven. Place them on a table or on the floor. Ask your family to guess what they have in common.

**SHARE** Fix a glass of water for each member of your family. Tell them about the River of Life.

**THINK** What are the main rivers in your country?

**PRAY** Thank God for the rivers, for rain, and for water you have to drink.

## T U E S D A Y

**READ** With your family read Revelation 22:2. Make a picture of the Tree of Life. What is so special about its trunk?

**DO** Make a bark rubbing by putting a piece of paper over the trunk of a tree and rubbing a crayon over it. Notice the bark on several trees. Are all trees alike?

**PRAY** Thank God for variety in nature.

## T H U R S D A Y

**DO** Draw and cut out 12 different kinds of fruit. Ask your mother for a clothes hanger or find a twig outside. Punch a little hole at the top of each fruit. Thread a short piece of yarn through each hole and tie a knot. Hang the fruits on the hanger to make a mobile. Show your mobile to your family during worship. Ask them to name each fruit and tell which they like best.

**READ** During family worship, read Psalm 1:1-3. What does this teach your family?

**PRAY** Thank God for the wonderful fruits He has created.



# F R I D A Y

**DO** Ask your mother if you may make a fruit salad for supper. As your family eats it, name some of the different fruits you think the Tree of Life might have.

**ASK** Ask your family to tell something they remember about the Tree of Life and the River of Life. Who wants to see them? Who wants to eat and drink from them?

**READ** For family worship read and discuss Revelation 21:1-4, 22-25. What did you learn?

**DO** Say your memory verse together. Then ask God to help your family to be ready when Jesus comes back.

In  
eternity we  
will love spending time with  
Jesus and worshipping Him.




## Tree of Life; River of Life



# PUZZLE

Directions: Write the word on the line below each picture.

Then the  showed me the  of the  of life, as clear

as , flowing from the  of God and of the 

down the middle of the great  of the .

On each side of the  stood the  of life.

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